



Strength for the Journey

“Jesus, Our Champion”

Matthew 16:13-17



Notes:

Strength through Prayer:

Spend some moments in silent, personal prayer, acknowledging Jesus as your personal Champion and inviting him to teach you and show you the ways he will rescue you. You may want to extend your hands to Christ now, as you pray, as an act of reaching for him and accepting the help he offers.

You may want to begin your prayer with these words:

“Jesus, you are my Champion. Thank you for your power in saving me from what seems like an impossible situation.”

When you are finished praying about your own need, you may want to spend some time in prayer for an oppressed individual or group that God may have brought to your mind.

Closing Call to Action:

“But what about you?” Jesus asked. “Who do you say I am?”

When I am up against it, when life is piled on: Am I able to look in the face of Jesus and say, “You are my conquering king. I will not bail. The victory has been won”?

Dotted lines for taking notes.