



Strength for the Journey

“Interruptions”

Matthew 1:18-25



Notes:

Strength through Prayer:

Spend a few moments as a group in silent, personal prayer. Thank God for the gift of His Son, and thank Him that Joseph and Mary did not resist the interruptions that came into their lives as a result of the circumstances of Christmas.

You may want to begin your prayer with these words:

“Heavenly Father, thank You for so marvelously loving the world that You gave us Your Son Jesus! And thank You for the example the Christmas story provides for us through the lives of Joseph and Mary. Help me to see You in the interruptions that come into my life, and to respond to those interruptions in the right way—in a way that honors and glorifies You.”

When you are finished with this time for silent, personal prayer, you may want to move into a time of group prayer, praying for one another.

Closing Call to Action:

You have probably heard the cliché: “The devil is in the details.” But understanding life biblically, we need to affirm that God is in the details. And if God is in the details, He is in the interruptions as well. He has a habit of stepping into our lives, resetting the course of our lives into something far more significant.

We can go to school on Joseph’s life. Do you have the character to get beyond your own self-focus—your desires, your schedule, your day planner? God often uses interruptions in our lives to do some very great things. The next time you are irritated about an interruption, stop and ask, “Could it be that God is interrupting me to do something even greater or better than my lame little plans were for this day?”

Dotted lines for taking notes.